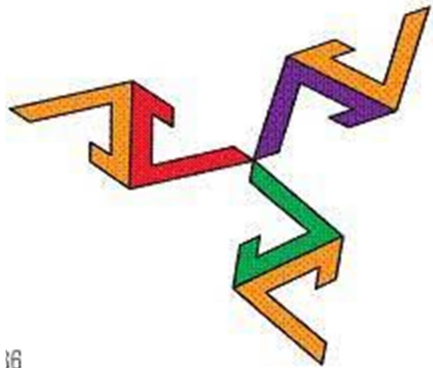


# SHALINI MEMORIAL SEWA SANSTHAN



16

## ANNUAL REPORT 2022-23



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# 1. About our NGO

SHALINI MEMORIAL SEWA SANSTHAN is an NGO, registered as Trust (Reg. No. 343) on 17th June 2013, catering to the nutrition, health and educational needs of underprivileged children. We are also registered under Section 12A and 80G of Income Tax Act.

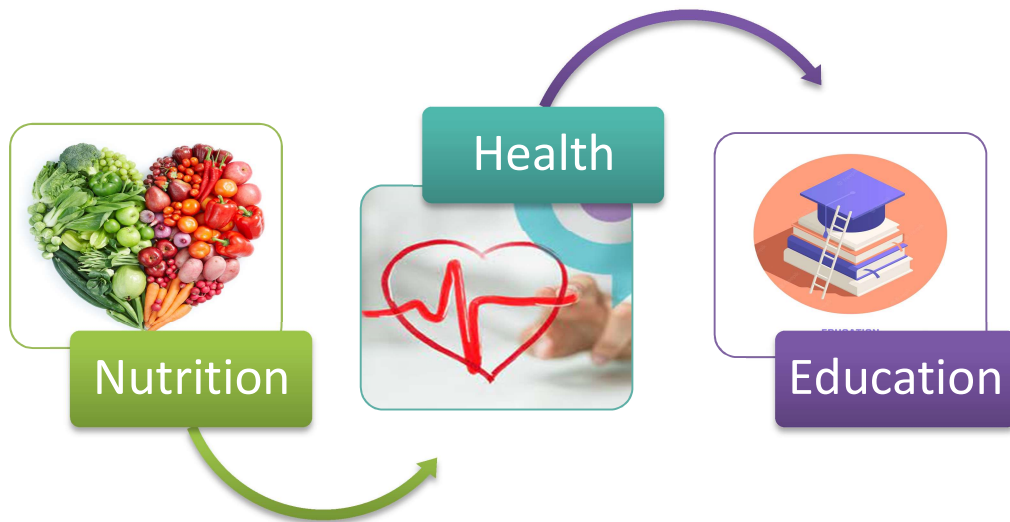
The NGO was established with a group of committed youths for the purpose of social development. We focus on raising awareness and community Mobilization activities including awareness of Education, health and hygiene to the underprivileged section of society and to inculcate knowledge among them so as to make them responsible citizens and for the betterment of their future.

We (Shalini Memorial Sewa Sansthan) have been running a campaign for the underprivileged children in rural/ slum areas with the goal of providing quality education to more and more children and enhancing their intellectual awareness by learning, critical thinking and communication. We also provide classroom support to these children.

With the help of the contributions of many generous people, the dream of many girls to be educated and to do something in their lives has become a reality. It will help children flourish in life, both personally and professionally. With help from this campaign, we have a common service center.

We also provide classroom support to these children. We are providing Education along with nutritional food for their overall development.

## 2. Our Mission and Vision



### Our Vision

To work as a reactant in bringing sustainable change in the lives of underprivileged Children, women and elderly with the help of education, nutrition, hygiene and good health.

### Our Mission

Holistic development of underprivileged children and other communities by means of education, Hygiene and Nutrition to build respect to their dignity, justice, equity and improve quality of life for all.

We at Shalini Memorial Sewa Sansthan ensures the delivery of adequate health services; promoting awareness among underprivileged children for nutrition, health and education and its importance.

*It is our initiative dedicated to securing the future of the underprivileged children on the three pillars of nutrition, health and education. "We must teach our children to dream with their eyes open"- Harry Edwards*



### 3. Work Areas

- I. We started with working in the slum areas, where there were innumerable children deprived of basic education, literacy and nutrition. We commenced our work by giving these underprivileged children access to education. We sponsored their studies on a regular basis.
- II. Then we started working for young girls also by sponsoring their education and then helping them develop various Skills including digital media & storytelling.
- III. Counseling of pregnant women, girls and mothers about malnutrition and its eradication, nutrition for child, free vaccination, cleanliness, its importance, regular check-ups, etc.
- IV. Providing awareness about the importance of health, nutrition, yoga, exercise, vaccination during the Covide-19 pandemic.
- V. Awareness and knowledge generation activities on various social issues.
- VI. Educating the vulnerable sections of society about various government schemes catering to them.

## 4. Samarpan and Samadhan

### ..We care..

"SAMARPAN, we care" is an initiative dedicated to ensuring the future of underprivileged children by doing all that is possible for them. It is an initiative devoted to welfare and development of children and women. Our interdisciplinary team of professionals provide neuro-developmental and psychological evaluations, and treatments for children, adolescents and their families.

Under the Samarpan initiative we provide daily necessities like blankets, eatables, sanitary products, etc. to show support to the less fortunate section of our society and motivate them by teaching them about hygiene, cleanliness, education and empowerment. We are working for the welfare and well-being of underprivileged children and their families, which makes it possible for them to work together on this beautiful project.



## 5. About the year 2022-23

Small efforts can make a big difference if you keep doing them consistently. The key to success is consistency. As we move forward, we realised that people do like to support and assist the less fortunate members of society. They only require the tools to do so.

In our journey we met many such people who lend their helping hands for our children. We might never be able to express our gratitude for their priceless efforts.

## A. Remembering my sister on her birthday

– *Shalini*

The NGO started in her name, organised an event on the occasion of earth day with the students of G.S.M school, Gomti Nagar Extension. Earth Day is an annual event created to celebrate the planet's environment and raise public awareness about pollution. Keeping this in mind we discussed with the students the various ways in which they can keep Mother Earth safe and clean. They were all very enthusiastic to share their thoughts and feelings. We also provided them with healthy snacks to create awareness and educate them about maintaining good health and hygiene. The event was a great success in making the children understand the value of environmental cleanliness, good health and hygiene and the benefits of it.



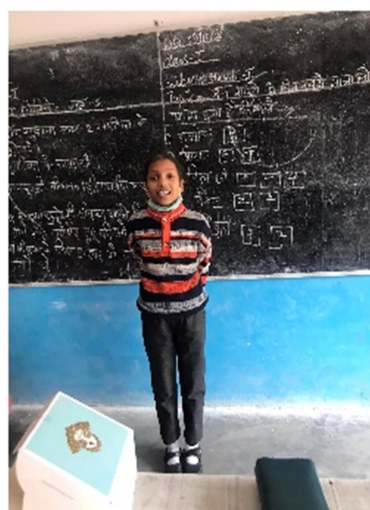


## B. Celebration of New Year with Underprivileged Students

*"New year is the glittering light to brighten the dream-lined pathway of future."*

Shalini Memorial Sewa Sansthan in collaboration with Brown Bakery organised a program at GSM Public School to distribute chips, pastries and fruits to underprivileged children on the occasion of new year. This small gesture brought cheers on the faces of the children. During the program the children were given an opportunity to showcase their talents through poetry, speeches, skits etc. Our volunteers especially Charu Varshney has provided constant support and help in our mission to bring people together to make a difference.

Glimpses of  
the  
Program





## C. Classroom Support Program

Early childhood is considered to be the most important phase of development. Under our [#Samarpanwecare](#) initiative, we have started providing value-based pre school education in the form of classroom support program for lesser privileged children. The objective is imparting pre-school learning and growth opportunities and good habits/qualities among these small children along with taking care of their nutritional needs and provide them with everyday required healthy food.



Shalini memorial Sewa Sansthan has impacted a lot of children. Kiran, Vineeta and Suman are among a few who have performed extremely well in their class 11th examinations with 81%, 82% and 83 % respectively. Shalini Memorial Sewa Sansthan is investing in a better future for children and looking forward to make more children educated and capable. With strong pre-literacy, improved social and communication skills, they will be able to ask for help and cooperate.

We thank all our volunteers for their constant support and help and hope that they will continue the same in the future.





## D. Distribution of tiffin boxes under our Classroom Support Program

*"Give your hands to serve, and your hearts to love." – Mother Teresa*

Our volunteer Pooja Sanjay Pandey has done valuable work by distributing tiffin boxes to the children under our classroom support program. The tiffin boxes are the first step towards the road of learning for these children as they learnt about the importance of a healthy and adequate meal. They were truly delighted to have a lunch break and were very excited to bring food in their brand new tiffin boxes. We hope that our volunteers continue to support us because it is your support that allows us to continue to fulfill our mission and serve the people in our community each year.



## E. An Initiative towards holistic development

"Colour is a power which directly influences the soul. One of our supporters distributed Mrs. Upasana Tripathi drawing books and colours to the students of our classroom support program so that they could develop their drawing skills and work on their holistic development.

In order for children to succeed and reach their full potential, all aspects of their development must be given attention. It enhances their creative skills, helps them stay focused, boost self-esteem and confidence.





## F. Opening of Old Age Home

We have been providing awareness about the importance of health, nutrition, yoga, exercise, vaccination during the Covid-19 pandemic to the elderly people.

The elderly who are homeless, ill, abandoned by family, and those who have been uprooted by catastrophes have a critical need for a roof over their heads. An elderly individual typically enters an old age home because their children or grandchildren have moved away to attend college in a big city or abroad. Unlike these young people, their parents or grandparents might find it harder to settle into their new environment and would rather stay in their hometown out of sentimental reasons. The aged are frequently institutionalised because they have ongoing medical conditions that their children are unable to manage. As they age, seniors should have a secure location to live that can accommodate their needs.

We established an old age home in Itava to give the elderly who are in need food, shelter, and clothing while keeping in mind their vulnerability. Along with meeting all of their other requirements, we also continuously provide for their medical care.



## G. Health Awareness Camp

Significant proportions of people in cities like Lucknow come from neighbouring small cities and villages in search of livelihood. These less advantageous families fall below the Poverty line and live in streets and slum areas with inadequate provision of basic infrastructure and public services necessary to sustain health, such as water, sanitation, and drainage. This often leads to prolonged illness in these children resulting in an increase in dropout rate at schools. They require proper medicines and counseling.

The most common ailments diagnosed amongst the children are:

- Anaemia mostly in girls
- Skin infections: Scabies and Ringworm
- Diarrhea
- Seasonal Ailments: Viral Fever, cough, and cold
- Weak Eyesights

Shalini Memorial in aegis with Medanta Hospital organised a health camp for medical diagnostic and treatment and Distribution of Supplements to improve the availability and access to quality health care by these underprivileged children residing in rural areas.

Our Objective to set up health camp was:

- To provide health services both at curative and preventive treatment to the slum children
- To promote good health practices and positive health seeking behaviors through health education sessions, generating health awareness among women & children e.g importance of nutrition, promote institutional delivery, importance of immunization , hygiene and safe drinking water etc.
- To disseminate information on health seeking behavior through awareness campaigns including health meetings, awareness sessions.
- To provide counseling by the doctor and staff on the adoption of good health practices in nutrition, health, hygienic and sanitation.
- To distribute necessary health supplements and over the counter medicines to cater to the above mentioned common ailments among these slum children
- To provide eyesight checkup facility.

## H. Celebration of Diwali

Diwali is just not a festival of lights, it is also a festival to light up people's lives. As many people revel in Diwali celebrations, a considerable few engage in extending this privilege to others. Keeping with the spirit of the festive season, in collaboration with Shalini Memorial Sewa Sansthan, City Montessry School (CMS) students visited GSM Public School, Gomti Nagar, Lucknow to celebrate Diwali – the festival of Lights.

The students of CMS School interacted with the students of GSM. They were apprised of the importance and story behind celebration of Diwali. They were elaborated that the best way to enjoy the festivities is without the use of firecrackers and were told the harmful effects of them.

At the end, sweets and Gifts were also distributed to the students which brought beautiful smiles on their faces.





## I. Opportunity to perform at CMS to GSM students given by Shalini Memorial

The students of GSM Public School in association with Shalini Memorial Sewa Sansthan got an opportunity to perform at the Divine Education Conference organized by City Montessori School (GN-1) on 27th March 2023. It was a great experience for the students. The young souls were highly enthusiastic about their performances, and helped in building up their confidence. They also got a chance to interact with the students and teachers present.

We believe these kinds of activities should be encouraged for these young children. Participation in these activities give these underprivileged kids some skills and an extra push to their talents which they are passionate about but didn't have the means to take it further.

CMS has been working with Shalini Memorial Sewa Sansthan and contributing in the best possible ways towards the students of GSM

**"ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH."**

**– HELEN KELLER**





## J. Holi Celebration

On a day when most people limit their celebration of the festival of colours to family members and close friends, we chose to play Holi with children from slum settlements. These children became more than happy playing with colors with one another. Sweets, snacks and "Pichkaris" were also distributed as a token of love and blessings among the children which delighted them and brought smiles to their faces.





**“While we try to teach our children all about life, Our children teach us what life is all about.**